

WELCOME TO IN2IT MEDICAL

Thank you for contacting our office. We look forward to meeting with you and hope that, together, we can pinpoint a diagnosis for your pain and effectively treat it.

There are a few important things to note prior to your appointment. If you have any questions at all, feel free to call us at 801-610-7321, and one of our staff will be happy to assist you.

1. **Online Registration / MyCarePlan**

You should receive an email and/or text message with your appointment information and a link to complete your electronic registration. This link will invite you to create an account if you have not done so already. With this account, you also have the option to download an app to your phone through the [App Store](#) or [Google Play](#). This app creates a quick way to have access to your appointments, check-in tasks, messaging options, and telemed visits. There is also a [web version](#) if you prefer to use a desktop.

Once you are logged in, follow the prompts to “prepare for your appointment.” The prompts will guide you through a list of tasks to complete your patient registration process. Detailed instructions can be found on our website [here](#).

Completing your registration ahead of time will assist in keeping the schedule running smoothly. If you are unable to complete it electronically, please arrive 15 minutes early to complete it in the office.

2. **Prior Imaging or Tests?**

Please make sure to notify our office of any prior imaging or tests you have received in relation to the reason for your visit at our office. We can access a lot of imaging online, but may require you to bring the results with you to your appointment. You may also have your images sent to our office via email to info@in2itmedical.com or fax 801-610-7306.

3. **Dress Comfortably**

If we are seeing you for osteopathic manipulation, make sure to wear comfortable clothing that is easy to move in. If we are seeing you for pain in a particular area of your body, it is best to wear loose fitting clothes that allow for easy access for an examination and/or ultrasound imaging. If needed, we do have disposable shorts and gowns in the office that will be provided to you.

4. **Basic Office Policies**

Some important basic office policies to take note of include, but are not limited to the following

- Our office and treatment protocols are not conducive to young children and/or babies. In order to provide quality treatment for you and other patients, we kindly ask that you do not bring any children to your visit
- If you miss your appointment without a 24 hour notice, you may be subject to a \$35 no-show fee
- To help prevent the spread of illnesses, we will take your temperature at check-in. If your temperature reads 100.4 or above, you will be asked to reschedule once you are symptom free.
- Masks are not required to be worn during your visit; however, we do have masks available for your use if preferred.

5. **Be Prepared for Check-In**

Please bring the following items to your appointment: a photo ID, a copy of your insurance card, and a method of payment. We accept all major credit cards, cash, check, and [Care Credit](#). All payments that are patient responsibility (including copays, co-insurance, deductibles, and/or cash procedures) are due at the time of service.

6. **Finding the Office**

We are located at [1888 W 800 N Pleasant Grove, UT](#). Our office is at the border of American Fork and Pleasant Grove. We are located just behind Premier Family Medical on North County Blvd. and share a building with Revere OBGYN; our door is on the west side of the building.